

# Introduction to the NURSERY

**Wednesday, February 1st**  
**7:30 to 9:00 p.m..**  
**Mrs. Kane's Nursery**

**W**e invite you to attend a special Nursery Information Session (parents only please) where you will meet two of our Nursery teachers Mrs. **Janet Kane** and Ms. **Monica Gallardo**. The topics to be covered will include: daily activities in the Nursery, separation, toilet training, food and food allergies, media, discipline, rest and nap time, the Afternoon Care Program. Teachers address your questions about taking the big step to a Nursery program. *At the Waldorf School, children must be 3 years old by September 1st in order to join the nursery.*

RSVP online at: [www.waldorfgarden.org](http://www.waldorfgarden.org)

For more information Contact Carol Proctor at (516) 742-3434 x301



**Janet Kane**, Nursery Teacher and Pre-School Chair, since 1990. At sixteen, Janet began her studies at Queens College where she pursued a bachelor's degree in education and psychology. In 1974, she graduated college with numerous honors including the Dean's list, membership in the National Education Honors Society, Summa Cum Laude and Phi Beta Kappa. Two years later, she completed her training and her master's degrees in Waldorf education at the Waldorf Institute of Adelphi University. Upon graduation, she began teaching in the preschool of the Rudolf Steiner School in Manhattan and soon became a class teacher taking a class from first through third grades. In 1990, Janet began teaching part-time at the Waldorf School of Garden City as a support teacher and then in 1992, helped create the Nursery class program.



**Monica Gallardo**, a nursery and parent-child teacher is an Early Childhood Specialist and Parent Educator offering professional training to local day cares through the Educational Incentive Program of the State of New York. She also offers family support and one-on-one coaching to many parents. She received her master's in early childhood education with Waldorf certification from Antioch University New England and has done coursework on Birth-Three with Sophia's Hearth Family Center in Keene, N.H. Before coming to the Waldorf School of Garden City, Monica did social work in Brooklyn, taught interpersonal skills to medical students and assisted in the kindergarten at the Lake Champlain Waldorf School. A native of Ecuador, Monica has traveled the Andean countries extensively.