



Summer 2017

Dear 10th Grade Students and Parents,

The trip to New Hampshire's White Mountains is coming soon!

The trip will be led by me, Glen Brook's Program Director, with the support of our two Land Stewards, Leon Allgood and Tom Williams. Students should be at the Waldorf School on Monday, **September 25th for an 8:30 a.m. departure.**

On Tuesday we will leave Glen Brook early in the morning to drive north and hike to Greenleaf Hut. Greenleaf Hut is a full-service hut run by the Appalachian Mountain Club, where we will sleep. On Thursday, weather permitting, we will summit Mount Lafayette, hike the ridge along two more mountains, and return to the foot of the mountain to camp in tents. On Thursday we will stop at some geological sites of note, and return to Camp Glen Brook. The remainder of our day will be spent debriefing our trip, cleaning and storing our gear, and taking well-earned showers. Friday the coach bus takes the students back to school, **returning in time for school dismissal.**

Greenleaf Hut is a rigorous three miles from the trailhead, and it will take us four to five hours to reach the Hut. Greenleaf is a large hut that sleeps and feeds up to 70 guests. It has bunkrooms that we will share with a few other guests, but we will be the predominant "tenant." AMC's policy is that bunkrooms are co-ed, so sleepwear should be appropriately modest. Washrooms are divided by gender. There is no electricity, except for a bit of solar or wind generated power, so please don't bring anything that needs to be plugged in. Because there is no electricity, there are no showers. The hut caretakers will provide us with a pillow and two wool blankets. Please see the [packing list](#) for specific items that you must pack on our website. Items not on the list should be left at home to spare you the extra weight (though please do bring a pillow case, which is not on the list).

We cannot emphasize enough the importance of having good and comfortable boots, raingear, and polar fleece or wool layers. Once wet, cotton retains moisture against the skin, which can lead to life-threatening hypothermia. If a student is not well prepared, she or he will be required to purchase appropriate clothing. Students must be well prepared, but we do not expect you to go out and spend hundreds of dollars at EMS or REI. You can often borrow from older students or friends. The best approach is to pack layers, such as sweaters and fleeces and an outer wind/rain shell. Do not bring one giant ski jacket.

You should expect to wear the same clothing more than once to save weight in your pack. You will be surprised how heavy your pack will feel three miles along the trail! Glen Brook has a supply of backpacks to borrow so if your child needs to borrow one, please e-mail or call me. See the packing list for other gear resources.

Additionally please fill out [this form](#) that needs a physician's signature, which was also sent out before in an email. Finally, please remember to complete all the necessary medical forms that Mrs. Catherine Gorman, Waldorf's School Nurse outlined in [this message](#).

Please do not hesitate to call (603-876-3342) or email if you have further questions.

Yours truly,

Mark Stehlik

Program Director

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