



Summer 2017

Dear Families,

I have just returned from a brief family vacation to Niagra Falls. Dazzled by their magnificence—particularly at sunrise, when all is quiet—and filled by their constant harmonious movement and force, I feel ready to start gearing up for a new school year. The beginning of August usually marks that time for me.

I imagine that for many of you, school is also in your mind. More so, if your first born and only child is about to enter Nursery, her first year of school without mom or dad. Some of you might have mixed feelings: excitement and trepidation. This is not unusual. To help you and your child transition smoothly we take several steps prior to your child's first day.

1. Our class Parent Representative, Meghan Persico, will organize an outdoor gathering sometime during the last three weeks of August.
2. Reading about "separation" has been helpful to parents in the past.
 - a. <https://www.noodle.com/articles/can-your-preschool-handle-your-childs-separation-anxiety>
 - b. <https://parenting.blogs.nytimes.com/2013/09/11/10-ways-to-ease-your-childs-preschool-separation-anxiety-and-yours/>
3. The [Early Childhood Handbook](#) can answer many of your questions. Please, read it on-line.
4. **Tuesday, September 5, 7:30 pm** is our Orientation to go over fine details and have your questions answered.
5. We invite you and your child to stop by for a half hour visit on **Wednesday, September 6**, anytime between 9 and 11:30 am. Parents are welcome to help us get the classroom ready while the teachers connect with the children.
6. The Nursery **begins September 7**; the children come for one hour, 9 to 10 or 10:15 to 11:15. You will sign up for the time of your choice at Orientation.
7. September 11 and 12, all the children come for two hours, 9 to 11.
8. Wednesday, September 13, is the first full day, 9 to 12. ([See on-line calendar](#))

I want to remind you, if your child will attend Afternoon Care or Extended Care, you must have filled out an Enrollment form; if not, please contact Carol Proctor. Ms. Rie Seo, will hold an information meeting at 7pm, half our before Orientation, September 6.

As you shop for school, please keep in mind our dress code policy asks clothes be free of media images or logos. Ideally clothes should be plain and good for hearty outdoor play. LLBean and Oakiwear make great waterproof rain suits; one is plenty.

By week two, you will need for your child's cubby, the following labeled items:

- * Sturdy, rubber-sole indoor shoes; a canvas sneaker with adjustable Velcro straps works well.
- * Complete change of clothing (including underwear, socks, pants, and shirt)
- * Sweater or sweatshirt
- * Sun hat or cap (sunscreen, if necessary)

Ms.Rie Seo, Mrs. Marianne Bochilo and myself are looking forward to welcoming your child to our Nursery class. I hope your summer has been enjoyable so far.

With Warm regards,

Mrs. Monica Gallardo

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