



May, 2020

**Dear Parents and Guardians:**

I hope this letter finds you and your family well! It is time to begin our preparations for the 2020-2021 school year. I am writing to provide you with the medical forms and relevant information for the 2020-2021 school year.

1. **MEDICAL FORM: SIDE 1:** ALL STUDENTS must have Side 1 of the Medical Form completed and signed by a parent or guardian for EACH student in a family. This form must be returned to the School Nurse by **Monday, August 10th**, in order for your child to begin school in September.
2. **MEDICAL FORM: SIDE 2:** Side 2 of the Medical Form must be completed, signed and stamped by a licensed New York State health care provider, as required by New York State law, for students in the grades listed below. This form must be also returned to the School Nurse by **Monday August 10th**.

**Please note the New York State requirement that students in the following grades are required to have Side 2 of the Medical Form completed by a physician:**

- *All New Students*
  - *All Nursery and Mixed-Age Kindergarten*
  - *Grades 1, 3, 5, 7, 9 and 11*
  - *All students who are NOT US citizens*
  - *All students playing extracurricular sports, Grades 6-12*
3. **IMMUNIZATIONS** NYS Public Health Law Section 2164 requires every student entering or attending public, private or parochial school in NYS to be FULLY vaccinated in accordance with the New York State Immunization requirements. Please note that New York State law prohibits students from attending school without ALL age/grade -appropriate immunizations. Please confirm with your child's Medical Doctor that all vaccinations are up to date. ALL "IN PROCESS" Vaccinations from the 2019-2020 school year SHOULD BE FULLY COMPLETED & SUBMITTED in order for your child to start the 2020-2021 school year.
  4. **REQUIREMENTS FOR STUDENT ATHLETES:** Students in the 6<sup>th</sup> through 12<sup>th</sup> grade who participate in the School's interscholastic sports program must adhere to the following:
    - **Side 1 & 2 of the Medical Form** must be completed by a parent or guardian and a licensed New York State health care provider before the first day of team practice. The physical examination portion (Side 2) **MUST BE DATED AFTER June 1<sup>st</sup>** in order to be valid for the following school year.

- The **Athletic Health History Form** must be completed by a parent or guardian and submitted to the School by August 12th for a student to participate in the fall sports season – which includes both soccer and cross country. Practices for these teams begin in mid-August, and more specific information in this area will be received from the Athletic Director, Mr. Shane Flanagan. This same form is required no less than 10 days before the start of the winter and spring sports season as well.
- **IMPORTANT:** *Student-athletes, regardless of their grade, are not permitted to participate in team practices or games without a signed and fully completed Medical Form and Athletic Health History Form on file.*

## 5. **PRESCRIPTIONS & OVER-THE-COUNTER MEDICATIONS**

Students requiring prescription or over-the-counter medications to be administered during school hours or while on school trips must have the following documentation on file with the School:

- **Authorization for the Administration of Medication:** to be completed by a parent or guardian and a licensed New York State health care provider. Any student medications should be delivered to the Health Office at the beginning of the school year in the container dispensed by the pharmacy; or if non-prescription, in the original container.
- **Self-Medication Authorization:** is required, in addition to the *Authorization for the Administration of Medication form*, for any students who carry medication with them during the school day or on school sponsored trips, and must be completed by a parent or guardian and a licensed health care provider.
- **Medical Emergency Care Plan:** Any student who takes medication for a serious allergy, asthma, seizure disorder, or diabetes must have this form completed and signed by both a parent/guardian and their medical doctor, prior to the start of the school year. This form allows us to share pertinent information with the faculty on a need to know basis.

We recognize that arranging for medical appointments and completing all the required forms can be a time consuming activity; however, doing so now will ensure there are no issues with your child(ren) starting school in September. Please note that the School cannot accept incomplete forms, and this documentation will be returned to parents or guardians.

**New York State law requires that students must have a Medical Form -- completed in accordance with the information outlined above and including age appropriate New York State mandated immunizations or a notarized exemption form -- with the School before beginning class in September. Students lacking this documentation will not be allowed to participate in School until the required medical forms are received.**

For your convenience, copies of all required medical forms are available in the School's Health Office or can be downloaded as PDF versions at [www.waldorfgarden.org/healthoffice](http://www.waldorfgarden.org/healthoffice). Should you have any questions regarding the above information, please do not hesitate to contact me at (516) 742-3434 ext. 324

Sincerely,

**Cathy Gorman, R.N.**

*School Nurse*

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