



Dear Waldorf Families:

I hope this letter finds you and your family well! I am writing to provide you with medical forms and relevant information so you can begin preparing for the 2022- 2023 school year. We recognize that arranging for medical appointments and completing all the required forms can be a time-consuming activity; however, doing so now will ensure there are no issues with your child(ren) starting school in September. Please note that the School cannot accept incomplete forms, and this documentation will be returned to parents or guardians.

1. **PARENT MEDICAL FORM: ALL STUDENTS must have the Medical Information Form completed and signed by a parent or guardian for EACH student in a family.** This form must be returned to the School Nurse by **Monday, August 8th**, in order for your child to begin school in September.

2. **NYS HEALTH EXAM FORM: The Health Exam Form must be completed, signed, and stamped by a licensed New York State health care provider, as required by New York State law, for students in the grades listed below.** This form must also be returned to the School Nurse by **Monday, August 8th**.
 - *All new students*
 - *All Nursery and Mixed-Age Kindergarten*
 - *Grades 1, 3, 5, 7, 9 and 11*
 - *All students who are NOT US citizens*
 - *All students playing extracurricular sports, Grades 6-12*

IMMUNIZATIONS NYS Public Health Law Section 2164 requires every student entering or attending public, private or parochial school in NYS to be FULLY vaccinated in accordance with the New York State Immunization Requirements. Please note that New York State law prohibits students from attending school without ALL age/grade - appropriate immunizations. Please confirm with your child's Medical Doctor that all vaccinations are up to date. **Please make SPECIAL NOTE of the following additional SCHOOL AGE VACCINATION'S your child will be required to have PRIOR to the start of the 2022-2023 school year.**

- 6th Grade (12 years old) - TDap Booster
- 7th Grade - 1st Meningitis Vaccine
- 12th Grade - 2nd Meningitis Vaccine

STUDENT-ATHLETES: Students in the 6th through 12th grade who participate in the School's interscholastic sports program must adhere to the following:

1. **Medical forms** as indicated above must be completed by a parent or guardian **and** a licensed New York State health care provider before the first day

of team practice. The physical examination portion **MUST BE DATED AFTER June 1st** in order to be valid for the upcoming school year.

2. **[Athletic Health History Form](#)** must be completed by a parent or guardian and submitted to the School by August 8th for a student to participate in the fall sports season – which includes both soccer and cross country. Practices for these teams begin in late August. Specific information about these programs will be sent by Athletic Director, Mr. Shane Flanagan.
3. **IMPORTANT:** *Student-athletes, regardless of their grade, are not permitted to participate in team practices or games without a signed and fully completed Medical Form and Athletic Health History Form on file.*

PRESCRIPTIONS & OVER-THE-COUNTER MEDICATIONS

Students requiring prescriptions or over-the-counter medications to be administered during school hours or while on school trips must have the following documentation on file with the School:

1. **[Medical Emergency Care Plan Forms](#)**: Any student who takes medication for a serious allergy, asthma, seizure disorder, or diabetes must have the appropriate form completed and signed by both a parent/guardian and their medical doctor, prior to the start of the school year. These forms allow us to share pertinent information with the faculty on a need-to-know basis. They can be found on our website.
2. **[Authorization for the Administration of Medication](#)**: to be completed by a parent or guardian and a licensed New York State health care provider. Any student medications should be delivered to the Health Office at the beginning of the school year in the container dispensed by the pharmacy; or if non-prescription, in the original container.
3. **[Self-Medication Authorization](#)**: for emergency medications only that the student self-carries (e.g. Epi-pen, inhaler). This form must be accompanied by the Authorization for the Administration of Medication form above for any students who carry medication with them during the school day or on school-sponsored trips.

For your convenience, copies of all required medical forms are available in the School's Health Office or can be downloaded as PDF versions at www.waldorfgarden.org/healthoffice. Should you have any questions regarding the above information, please do not hesitate to contact me at (516) 742-3434 ext. 324.

Sincerely,

Cathy Gorman, RN

Health Office

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